

Barnet Mencap - Telephone Parenting Support

We hope everybody is staying safe and healthy in these unprecedented times.

At Barnet Mencap, whilst we are unable to offer our usual parenting programmes and workshops, we are still here to offer parenting support.

With this in mind, we are offering telephone parenting support - whether you're looking for ideas and strategies or just somebody to chat to, email jenny.melling@barnetmencap.org.uk to get started.



**For parents of children with additional needs-
including ADHD, autism and learning disabilities**

Telephone Parenting Support



**Do you need help,
ideas, strategies or
just somebody to
chat to during this
difficult time?**

We are offering telephone parenting support during the Covid-19 crisis as we are unable to offer our usual programme of workshops and courses

To get involved, please email
jenny.melling@barnetmencap.org.uk with your
name and telephone number

APRIL 2020