

# Year 6 RSE Lessons



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# Why we teach it...

- To develop as responsible citizens.
- To encourage children to take pride in and responsibility for their body in all respects: i.e. health, hygiene and personal safety.
- To provide knowledge about loving relationships (links with PSHE) and the processes of human reproduction.
- To prepare for adult life.
- To begin to understand the changes that come with puberty.
- To reassure children that these changes (physical and emotional) are normal.

# Why is this taught now?

- Link with science/PSHE curriculum.
- Some children begin puberty at this age.
- Addressing misconceptions.
- Information about relationships and body image as presented in the media, amongst peers and online.

In year 5 Children will have learnt the following:

## **Science: The human lifecycle & parts of the male and female reproductive organs**

- Humans have young and that these grow into adults which in turn produce young.
- That human young are dependent on adults for a relatively long period.
- Name the main sexual and reproductive parts of the human body using correct terminology, and describe the functions of some of them.

# **PSHE: the changes that occur during puberty to girls and boys**

- Describe the main physical and emotional changes in puberty for both boys and girls, and the differences between them.
- Explain that there are different rates of change during puberty for different people and give some reasons for this.

# What comes next?

## The Relationship and Sex education objectives:

### Relationships objectives-

- Describe how and why the body changes during puberty in preparation for reproduction
- Talk about puberty and reproduction with confidence
- Explain differences between healthy and unhealthy relationships
- Know that communication and permission seeking are important
- To have considered when it is appropriate to share personal/private information in a relationship
- To know how and where to get support if an online relationship goes wrong

### Sex education-

- Describe the decisions that have to be made before having children
- Know some basic facts about conception and pregnancy

# Resources

## • Christopher Winters scheme



### Conception and Pregnancy Quiz

	True	False	Unsure
1. A woman has to have sexual intercourse with a man in order to have a baby	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. When a woman is pregnant her periods stop	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Identical twins occur when one egg is fertilised by two sperm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Most babies are born after being inside their mothers for nine months	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. The umbilical cord provides the foetus with oxygen and nutrition in the mother's womb	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. A girl can become pregnant just before she has her first period	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. A woman can become pregnant the first time she has sexual intercourse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. A woman can buy a pregnancy testing kit from	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Conception and Pregnancy Statements

A woman has to have sexual intercourse with a man in order to have a baby

When a woman is pregnant her periods stop

Identical twins occur when one egg is fertilised by two sperm

Most babies are born after being inside their mothers for nine months

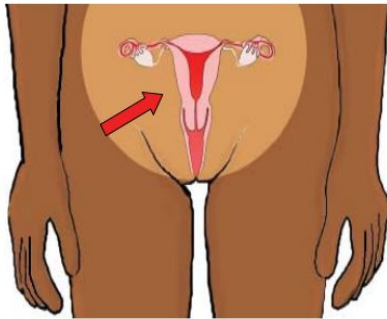
The umbilical cord provides the foetus with oxygen and nutrition in the mother's womb

# Resources from Christopher Winters scheme

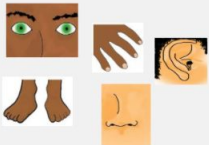
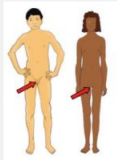

Penis

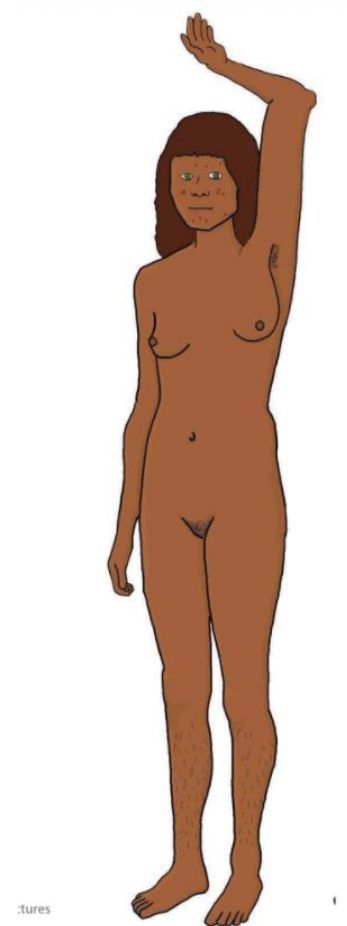


Uterus



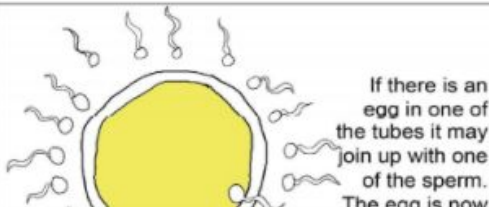
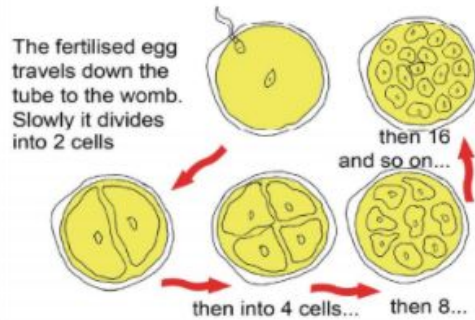
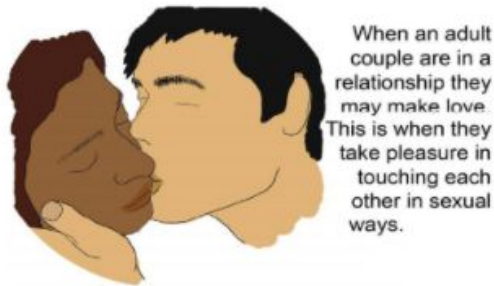
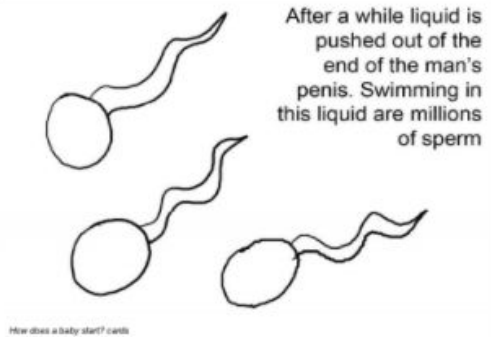
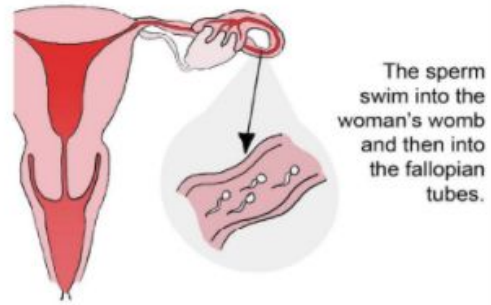
Body Difference matching cards

1. Our bodies are all unique, but we have many body parts that are similar  

2. One difference is the male and female private parts  

3. The vulva is a female private part  




# Lifecycle Quiz

True or False?



1. Most babies are born after spending about nine months inside their mother's womb

Using the correct anatomical language

# Consent/Grooming/Unwanted touch

We discuss the importance of consent in any relationship and link it to staying safe online.

We explore issues around social media and forming relationships through chat rooms and other online platforms.

## Unwanted Touch Scenarios

Sam is always running over to Ali in the playground and hugging him. Sam never asks if this is okay. Ali finds it annoying and is getting upset.

Kal's 15-year-old cousin Jay sometimes babysits for them. Jay is nice, but sometimes when they are watching TV Jay strokes Kal's hair. Kal feels uncomfortable and moves away but later Jay does it again.

Nia's mum's friend always grabs and tickles her every time she comes to the house. Nia used to think it was funny when she was younger but now she finds it really embarrassing.



You're pretty cool to hang out with y'know  
More fun than your brother and sister  
anyway!

▶ | 🔊 8:42 / 15:22

Any Questions?

Have you stopped using Jigsaw?

Got it

is this mandatory?

Will boys & girls have a chance to have separate lessons?

Ok, thanks

Will there be male and female teachers available for questions in case children will feel more comfortable asking in private / their own gender

Would the parents get informed if their child asks a question?

Ekaterina (Unverified) left the chat.

Thanks so much Miss Glackin

Thanks

Thanks very much!

Samantha Haycock (Unverified) left the chat.

Thank you!